



Presents

# *The Woolastook 5 2009*



Photo: Don Ricker

## The Woolastook 5, 2009

**Date:** Sunday May 24<sup>th</sup>, 2009

**Location:** Woolastook Park, NB

**Registration:** 7:30 a.m. – 9:00 a.m.

**Race:** 10:00 a.m. – 3:00 p.m.

**Format:** As many laps as you can do in 5 hours!  
(Last laps can start at 2:59:59 p.m. or earlier)

**Categories:** Solo Male, Solo Female, Team,  
U17 Solo Male, U17 Solo Female, U17 Team,  
**New for 2009:** Clydesdale Solo (200 lbs+),  
Singlespeed Solo

Teams have 2 – 3 members

**For Full Details Visit:**

**[WWW.ECMTB.COM](http://WWW.ECMTB.COM)**